

# US LIQUID MEASUREMENT CONVERSION CHART

CUPS • PINTS • QUARTS • GALLONS

## 1 BASIC CONVERSIONS

| VOLUME EQUIVALENTS |   |                |
|--------------------|---|----------------|
| 1 cup              | = | 8 fluid ounces |
| 2 cups             | = | 1 pint         |
| 4 cups             | = | 1 quart        |
| 8 cups             | = | 1/2 gallon     |
| 16 cups            | = | 1 gallon       |

| GALLON BREAKDOWN |   |                     |
|------------------|---|---------------------|
| 1 gallon         | = | 4 quarts            |
| 1 gallon         | = | 8 pints             |
| 1 gallon         | = | 16 cups             |
| 1 gallon         | = | 128 fluid ounces    |
| 1/2 gallon       | = | 2 quarts (64 fl oz) |

## 2 EXTENDED CONVERSION TABLE

| CUPS       | FLUID OUNCES | PINTS       | QUARTS       | GALLONS       |
|------------|--------------|-------------|--------------|---------------|
| 1/8 cup    | 1 fl oz      | 1/16 pint   | 1/32 quart   | 1/128 gallon  |
| 1/4 cup    | 2 fl oz      | 1/8 pint    | 1/16 quart   | 1/64 gallon   |
| 1/2 cup    | 4 fl oz      | 1/4 pint    | 1/8 quart    | 1/32 gallon   |
| 3/4 cup    | 6 fl oz      | 3/8 pint    | 3/16 quart   | 3/64 gallon   |
| 1 cup      | 8 fl oz      | 1/2 pint    | 1/4 quart    | 1/16 gallon   |
| 1 1/4 cups | 10 fl oz     | 5/8 pint    | 5/16 quart   | 5/64 gallon   |
| 1 1/2 cups | 12 fl oz     | 3/4 pint    | 3/8 quart    | 3/32 gallon   |
| 1 3/4 cups | 14 fl oz     | 7/8 pint    | 7/16 quart   | 7/64 gallon   |
| 2 cups     | 16 fl oz     | 1 pint      | 1/2 quart    | 1/8 gallon    |
| 2 1/2 cups | 20 fl oz     | 1 1/4 pints | 5/8 quart    | 5/32 gallon   |
| 3 cups     | 24 fl oz     | 1 1/2 pints | 3/4 quart    | 3/16 gallon   |
| 3 1/2 cups | 28 fl oz     | 1 3/4 pints | 7/8 quart    | 7/32 gallon   |
| 4 cups     | 32 fl oz     | 2 pints     | 1 quart      | 1/4 gallon    |
| 5 cups     | 40 fl oz     | 2 1/2 pints | 1 1/4 quarts | 5/16 gallon   |
| 6 cups     | 48 fl oz     | 3 pints     | 1 1/2 quarts | 3/8 gallon    |
| 7 cups     | 56 fl oz     | 3 1/2 pints | 1 3/4 quarts | 7/16 gallon   |
| 8 cups     | 64 fl oz     | 4 pints     | 2 quarts     | 1/2 gallon    |
| 9 cups     | 72 fl oz     | 4 1/2 pints | 2 1/4 quarts | 9/16 gallon   |
| 10 cups    | 80 fl oz     | 5 pints     | 2 1/2 quarts | 5/8 gallon    |
| 11 cups    | 88 fl oz     | 5 1/2 pints | 2 3/4 quarts | 11/16 gallon  |
| 12 cups    | 96 fl oz     | 6 pints     | 3 quarts     | 3/4 gallon    |
| 13 cups    | 104 fl oz    | 6 1/2 pints | 3 1/4 quarts | 13/16 gallon  |
| 14 cups    | 112 fl oz    | 7 pints     | 3 1/2 quarts | 7/8 gallon    |
| 15 cups    | 120 fl oz    | 7 1/2 pints | 3 3/4 quarts | 15/16 gallon  |
| 16 cups    | 128 fl oz    | 8 pints     | 4 quarts     | 1 gallon      |
| 20 cups    | 160 fl oz    | 10 pints    | 5 quarts     | 1 1/4 gallons |
| 24 cups    | 192 fl oz    | 12 pints    | 6 quarts     | 1 1/2 gallons |
| 32 cups    | 256 fl oz    | 16 pints    | 8 quarts     | 2 gallons     |

## 3 QUICK REFERENCE

1 PINT = 2 CUPS

1 QUART = 2 PINTS = 4 CUPS

1 GALLON = 4 QUARTS = 8 PINTS = 16 CUPS = 128 FL OZ