

CUPS - PINTS - QUARTS - GALLONS

CONVERSION TABLE

- 1 Cup = 8 Fluid Ounces
- 1 Pint = 2 Cups = 16 Fluid Ounces
- 1 Quart = 2 Pints = 4 Cups = 32 Fluid Ounces
- 1 Gallon = 4 Quarts = 8 Pints = 16 Cups = 128 Fl Oz

- 1/2 Cup = 4 Fluid Ounces
- 2 Quarts = 4 Pints = 8 Cups = 64 Fl Oz (1/2 Gallon)
- 3 Quarts = 6 Pints = 12 Cups = 96 Fl Oz (3/4 Gallon)
- 4 Quarts = 8 Pints = 16 Cups = 128 Fl Oz (1 Gallon)

Fluid Ounces (Fl Oz)	Cups	Pints (Pt)	Quarts (Qt)	Gallons (Gal)
2 Fl Oz	1/4 Cup (0.25)	0.125 Pt	0.0625 Qt	0.0156 Gal
4 Fl Oz	1/2 Cup (0.5)	0.25 Pt	0.125 Qt	0.03125 Gal
6 Fl Oz	3/4 Cup (0.75)	0.375 Pt	0.1875 Qt	0.046875 Gal
8 Fl Oz	1 Cup	0.5 Pt	0.25 Qt	0.0625 Gal
12 Fl Oz	1.5 Cups	0.75 Pt	0.375 Qt	0.09375 Gal
16 Fl Oz	2 Cups	1 Pt	0.5 Qt	0.125 Gal
20 Fl Oz	2.5 Cups	1.25 Pt	0.625 Qt	0.15625 Gal
24 Fl Oz	3 Cups	1.5 Pt	0.75 Qt	0.1875 Gal
28 Fl Oz	3.5 Cups	1.75 Pt	0.875 Qt	0.21875 Gal
32 Fl Oz	4 Cups	2 Pt	1 Qt	0.25 Gal
40 Fl Oz	5 Cups	2.5 Pt	1.25 Qt	0.3125 Gal
48 Fl Oz	6 Cups	3 Pt	1.5 Qt	0.375 Gal
56 Fl Oz	7 Cups	3.5 Pt	1.75 Qt	0.4375 Gal
64 Fl Oz	8 Cups	4 Pt	2 Qt	0.5 Gal
72 Fl Oz	9 Cups	4.5 Pt	2.25 Qt	0.5625 Gal
80 Fl Oz	10 Cups	5 Pt	2.5 Qt	0.625 Gal
88 Fl Oz	11 Cups	5.5 Pt	2.75 Qt	0.6875 Gal
96 Fl Oz	12 Cups	6 Pt	3 Qt	0.75 Gal
104 Fl Oz	13 Cups	6.5 Pt	3.25 Qt	0.8125 Gal
112 Fl Oz	14 Cups	7 Pt	3.5 Qt	0.875 Gal
120 Fl Oz	15 Cups	7.5 Pt	3.75 Qt	0.9375 Gal
128 Fl Oz	16 Cups	8 Pt	4 Qt	1 Gal
160 Fl Oz	20 Cups	10 Pt	5 Qt	1.25 Gal
192 Fl Oz	24 Cups	12 Pt	6 Qt	1.5 Gal
224 Fl Oz	28 Cups	14 Pt	7 Qt	1.75 Gal
256 Fl Oz	32 Cups	16 Pt	8 Qt	2 Gal
384 Fl Oz	48 Cups	24 Pt	12 Qt	3 Gal
512 Fl Oz	64 Cups	32 Pt	16 Qt	4 Gal