

Lisinopril To Losartan Conversion Chart

Clinical Reference

Lisinopril Dose (mg once daily)	Approximate Losartan Starting Dose (mg once daily)	Losartan Titration & Max Dose	Clinical Context & Common Indications	Key Monitoring Parameters
2.5 mg	25 mg	May titrate to 50 mg after 1-2 weeks.	Starting dose for hypertension, especially in volume-depleted or renally impaired patients. Also used in heart failure (initiation).	BP, Serum Cr/K+, symptoms of hypotension.
5 mg	25 mg - 50 mg	May titrate to 100 mg as a single or divided dose.	Common maintenance dose for hypertension. Often used in post-MI and heart failure regimens.	BP, Serum Cr/K+.
10 mg	50 mg	May titrate to 100 mg as a single or divided dose.	This is the most common therapeutic equivalent dose for hypertension. Standard dose for CV risk reduction.	BP, Serum Cr/K+.
20 mg	50 mg - 100 mg	Often maintained at 100 mg daily.	Used for more severe hypertension or for added proteinuria reduction in diabetic kidney disease.	BP, Urine Albumin/Cr, Serum Cr/K+.
30 mg	100 mg	Maintain at 100 mg daily.	Less common dose. Used when maximum effect is needed but 40 mg is not tolerated.	BP, Serum Cr/K+.
40 mg	100 mg	Maintain at 100 mg daily.	Maximum recommended dose for all indications (Hypertension, HF, Post-MI).	BP, Serum Cr/K+, signs of angioedema.