

Lisinopril To Losartan Conversion Table



Lisinopril Daily Dose (mg) (ACE Inhibitor)	Equivalent Losartan Daily Dose (mg) (ARB)	Clinical Context & Target Doses
5 mg (Starting Dose)	25 mg (Lowest available Losartan tablet)	Often used as the initial dose for very sensitive patients or those on diuretics.
10 mg (Common Starting Dose)	50 mg (Standard Starting/Maintenance Dose)	The most common clinical equivalence point for achieving blood pressure control.
20 mg (Common Maintenance Dose)	50 mg - 100 mg	50 mg is often the minimum effective conversion. 100 mg is the maximum recommended dose for standard hypertension management.
40 mg (High Maintenance Dose)	100 mg (Target Dose for Optimal Benefit)	100 mg is the standard conversion for patients previously controlled on high-dose lisinopril.
80 mg (Maximum Lisinopril Dose)	100 mg - 150 mg	100 mg is the maximum dose for hypertension per most FDA labeling. 150 mg may be used in certain clinical trials or specialty cases, but should be managed by a specialist.