

Dosage Conversion Table

Gabapentin To Lyrica (Pregabalin)

Gabapentin Total Daily Dose (mg)	Gabapentin Common Dosing Schedule	Approximate Pregabalin Total Daily Dose (mg)	Pregabalin Common Dosing Schedule (Divided)	Estimated Potency Ratio (Gabapentin : Pregabalin)	Common Indications for This Dose Range
300 mg	100 mg three times daily	50 mg	25 mg twice daily	6:01	Starting dose for neuropathic pain.
600 mg	200 mg three times daily	100 mg	50 mg twice daily	6:01	Postherpetic neuralgia, moderate pain.
900 mg	300 mg three times daily	150 mg	75 mg twice daily	6:01	Fibromyalgia, neuropathic pain.
1200 mg	400 mg three times daily	200 mg	100 mg twice daily	6:01	Neuropathic pain, partial onset seizures.
1500 mg	500 mg three times daily	225 mg	75 mg three times daily	~6.7 : 1	Higher dose neuropathic pain.
1800 mg	600 mg three times daily	300 mg	150 mg twice daily	6:01	Maximum dose for postherpetic neuralgia.
2400 mg	800 mg three times daily	300 mg - 400 mg	150-200 mg twice daily	6-8 : 1	Maximum dose for seizures.
3600 mg	1200 mg three times daily	450 mg - 600 mg	150-200 mg three times daily	6:01	Note: 3600 mg is above the max approved dose for Gabapentin in most countries, but sometimes used off-label. Pregabalin max daily dose is 600 mg.

How to Use This Information

For Patients: Use this as a reference to better understand your treatment and to have a more informed conversation with your doctor. **Do not self-adjust your medication.**

For Healthcare Students/Professionals: This serves as a general clinical reference for approximate dose equivalence.

Always follow the specific dosage instructions provided by your healthcare provider and dispensed by your pharmacist.

