

Weight Conversion Chart From LBS To Stones

Pounds (lbs)	Stones	Remaining lbs
14 lbs	1 st	0 lbs
20 lbs	1 st	6 lbs
28 lbs	2 st	0 lbs
35 lbs	2 st	7 lbs
42 lbs	3 st	0 lbs
50 lbs	3 st	8 lbs
56 lbs	4 st	0 lbs
60 lbs	4 st	4 lbs
70 lbs	5 st	0 lbs
80 lbs	5 st	10 lbs
84 lbs	6 st	0 lbs
90 lbs	6 st	6 lbs
98 lbs	7 st	0 lbs
100 lbs	7 st	2 lbs
112 lbs	8 st	0 lbs
120 lbs	8 st	8 lbs
126 lbs	9 st	0 lbs
130 lbs	9 st	4 lbs
140 lbs	10 st	0 lbs
150 lbs	10 st	10 lbs
154 lbs	11 st	0 lbs
160 lbs	11 st	6 lbs
168 lbs	12 st	0 lbs
175 lbs	12 st	7 lbs
182 lbs	13 st	0 lbs
190 lbs	13 st	8 lbs
196 lbs	14 st	0 lbs
200 lbs	14 st	4 lbs
210 lbs	15 st	0 lbs
220 lbs	15 st	10 lbs
224 lbs	16 st	0 lbs
230 lbs	16 st	6 lbs