

Conversion Table

Milliliters (ML) to Milligrams (MG)

Substance	Density (g/ml)	1 ml	5 ml	10 ml	25 ml	50 ml	100 ml	250 ml	500 ml
Water	1	1000 mg	5000 mg	10,000 mg	25,000 mg	50,000 mg	100,000 mg	250,000 mg	500,000 mg
Milk	1.03	1030 mg	5150 mg	10,300 mg	25,750 mg	51,500 mg	103,000 mg	257,500 mg	515,000 mg
Olive oil	0.92	920 mg	4600 mg	9,200 mg	23,000 mg	46,000 mg	92,000 mg	230,000 mg	460,000 mg
Honey	1.42	1420 mg	7100 mg	14,200 mg	35,500 mg	71,000 mg	142,000 mg	355,000 mg	710,000 mg
Ethanol	0.79	790 mg	3950 mg	7,900 mg	19,750 mg	39,500 mg	79,000 mg	197,500 mg	395,000 mg