



Instructions



- 1.) Using the patterns, cut one of each shape. You will need six total pieces.
- 2.) Sew face 1 and face 2 together along side 3.
- 3.) Sew mouth 1 and mouth 2 together along side 3.
- 4.) On mouth 1 and mouth 2 fold side 5 over 1/4 inch and sew down.
- 5.) On cheek 1 and cheek 2 fold side 6 over 1/4 inch and sew down.
- 6.) Match cheek 1 and mouth 1 at the dotted line (7). Sew a 1-inch tack at side 1 and side 2 where the two pieces overlap.
- 7.) Repeat Step 6 for cheek 2 and mouth 2.
- 8.) With the fronts of the fabric facing each other, sew along the entire outside of the mask.
- 9.) Use one of the slits between the mouth and the cheek to turn the mask right-side out.
- 10.) Add a hair tie or elastic to each side by folding the fabric on the end of the mask over the tie and sew down.
- 11.) Apply double-sided skin tape around the contour of the mask to create a seal (do not do this if making for a health facility)