

## MYERS-BRIGGS TYPE INDICATOR

By Katharine C. Briggs & Isabel Briggs Myers

### **Directions:**

There are no “right“ or “wrong” answers to the questions on this inventory. Your answers will help to show how you like to look at things and how you like to go about deciding things. Knowing your own preferences and learning about other people’s can help you understand whether your special strenghts are, what kind of work you might enjoy and be successful doing, and how people with different preferences can relate to each other and be valuable to society.

Read each question carefully and select one of the two choices given, which applies to you, by circling to either “A” or “B”.

### **PART1: Which answer comes closer to telling how you usually feel or act?**

▶ WHEN YOU GO SOMEWHERE FOR THE DAY, WOULD YOU RATHER

A. PLAN WHAT YOU WILL DO AND WHEN, OR

B. JUST GO!!

▶ IF YOU WERE A TEACHER, WOULD YOU RATHER TEACH

A. FACTS-BASED COURSES, OR

B. COURSES INVOLVING OPINION OR THEORY?

▶ ARE YOU USUALLY

A. A “GOOD MIXER” WITH GROUPS OF PEOPLE, OR

B. RATHER QUIET AND RESERVED?

▶ DO YOU MORE OFTEN LET

A. YOUR HEART RULE YOUR HEAD. OR

B. YOUR HEAD RULE YOUR HEART?

▶ **IN DOING SOMETHING THAT MANY OTHER PEOPLE DO, WOULD YOU RATHER**

- A. **INVENT A WAY OF YOUR OWN, OR**
- B. **DO IT IN THE ACCEPTED WAY?**

▶ **AMONG YOUR FRIENDS ARE YOU**

- A. **FULL OF NEWS ABOUT EVERYBODY, OR**
- B. **ONE OF THE LAST TO HEAR WHAT IS GOING ON?**

▶ **DOES THE IDEA OF MAKING A LIST OF WHAT YOU SHOULD GET DONE OVER A WEEKEND**

- A. **HELP YOU, OR**
- B. **STRESS YOU, OR**
- C. **POSITIVELY DEPRESS YOU?**

▶ **WHEN YOU HAVE A SPECIAL JOB TO DO, DO YOU LIKE TO**

- A. **ORGANIZE IT CAREFULLY BEFORE YOU START, OR**
- B. **FIND OUT WHAT IS NECESSARY AS YOU GO ALONG?**

▶ **DO YOU TEND TO HAVE**

- A. **BROAD FRIENDSHIPS WITH MANY DIFFERENT PEOPLE, OR**
- B. **DEEP FRIENDSHIP WITH VERY FEW PEOPLE?**

▶ **DO YOU ADMIRE MORE THE PEOPLE WHO ARE**

- A. **NORMAL-ACTING TO NEVER MAKE THEMSELVES THE CENTER OF ATTENTION, OR**
- B. **TOO ORIGINAL AND INDIVIDUAL TO CARE WHETHER THEY ARE THE CENTER OF ATTENTION OR NOT**



**DO YOU PREFER TO**

- A. ARRANGE PICNICS, PARTIES ETC, WELL IN ADVANCE, OR
- B. BE FREE TO DO WHATEVER TO LOOKS LIKE FUN WHEN THE TIME COMES?



**DO YOU USUALLY GET ALONG BETTER WITH**

- A. REALISTIC PEOPLE, OR
- B. IMAGINATIVE PEOPLE?



**WHEN YOU ARE WITH THE GROUP OF PEOPLE, WOULD YOU USUALLY RATHER**

- A. JOIN IN THE TALK OF THE GROUP OR
- B. STAND BACK AND LISTEN FIRST?



**IS IT A HIGHER COMPLIMENT TO BE CALLED**

- A. A PERSON OF REAL FEELING, OR
- B. A CONSISTENTLY REASONABLE PERSON?



**IN READING FOR PLEASURE, DO YOU**

- A. ENJOY ODD OR ORIGINAL WAYS OF SAYING THINGS, OR
- B. LIKE WRITERS TO SAY EXACTLY WHAT THEY MEAN?



**DO YOU**

- A. TALK EASILY TO ALMOST ANYONE FOR AS LONG AS YOU HAVE TO, OR
- B. FIND A LOT TO SAY ONLY TO CERTAIN PEOPLE OR UNDER CERTAIN CONDITIONS?



**DOES FOLLOWING A SCHEDULE**

- A. APPEAL TO YOU, OR
- B. CRAMP YOU?

▶ **WHEN IT IS SETTLED WELL IN ADVANCE THAT YOU WILL DO A CERTAIN THING AT A CERTAIN TIME, DO YOU FIND IT**

- A. NICE TO BE ABLE TO PLAN ACCORDINGLY, OR**
- B. A LITTLE UNPLEASANT TO BE TIED DOWN?**

▶ **ARE YOU MORE SUCCESSFUL**

- A. AT FOLLOWING A CAREFULLY WORKED OUT PLAN, OR**
- B. AT DEALING WITH THE UNEXPECTED AND SEEING QUICKLY WHAT SHOULD BE DONE?**

▶ **WOULD YOU RATHER BE CONSIDERED**

- A. A PRACTICAL PERSON, OR**
- B. AN OUT-OF-THE-BOX-THINKING PERSON?**

▶ **IN A LARGE GROUP, DO YOU MORE OFTEN**

- A. INTRODUCE OTHERS, OR**
- B. GET INTRODUCED?**

▶ **DO YOU USUALLY**

- A. VALUE EMOTION MORE THAN LOGIC, OR**
- B. VALUE LOGIC MORE THAN FEELINGS?**

▶ **WOULD YOU RATHER HAVE AS A FRIEND**

- A. SOMEONE WHO IS ALWAYS COMING UP WITH NEW IDEAS, OR**
- B. SOMEONE WHO HAS BOTH FEET ON THE GROUND?**

- ▶ CAN THE NEW PEOPLE YOU MEET TELL WHAT YOU ARE INTERESTED IN
- A. RIGHT AWAY,
  - B. ONLY AFTER THEY REALLY GET TO KNOW YOU?

- ▶ (ON THIS QUESTION ONLY, IF TWO ANSWERS ARE TRUE, CIRCLE BOTH)  
IN YOUR DAILY WORK, DO YOU
- A. USUALLY PLAN YOUR WORK SO YOU WON'T NEED TO WORK UNDER PRESSURE, OR
  - B. RATHER ENJOY AN EMERGENCY THAT MAKES YOU WORK AGAINST TIME, OR
  - C. HATE TO WORK UNDER PRESSURE?

- ▶ DO YOU USUALLY
- A. SHOW YOUR FEELINGS FREELY, OR
  - B. KEEP YOUR FEELINGS TO YOURSELF?

Part 2: Which word in each pair appeals to you more?  
(Think what the word means, not how they look or how they sound)

- |                                       |                                |                                     |
|---------------------------------------|--------------------------------|-------------------------------------|
| ▶ A. SCHEDULED<br>B. UNPLANNED        | ▶ A. STATEMENT<br>B. CONCEPT   | ▶ A. CALM<br>B. LIVELY              |
| ▶ A. FACTS<br>B. IDEAS                | ▶ A. RESERVED<br>B. TALAKATIVE | ▶ A. JUSTICE<br>B. MERCY            |
| ▶ A. QUIET<br>B. HEARTY               | ▶ A. ANALYZE<br>B. SYMPATHIZE  | ▶ A. FASCINATING<br>B. SENSIBLE     |
| ▶ A. COMINCING<br>B. TOUCHING         | ▶ A. CREATE<br>B. MAKE         | ▶ A. FIRM-MINDED<br>B. WARM HEARTED |
| ▶ A. IMAGINATIVE<br>B. MATTER-OF-FACT | ▶ A. DETERMINED<br>B. DEVOTED  | ▶ A. FEELING<br>B. THINKING         |
| ▶ A. BENEFITS<br>B. BLESSINGS         | ▶ A. GENTLE<br>B. FIRM         | ▶ A. LITERAL<br>B. FIGURATIVE       |

▶ A. PEACEMAKER  
B. JUDGE

▶ A. SYSTEMATIC  
B. CASUAL

▶ A. ANTICIPATION  
B. COMPASSION

▶ A. SYSTEMATIC  
B. SPONTANEOUS

▶ A. CERTAINTY  
B. THEORY

▶ A. HARD  
B. SOFT

### M.B.T.I SCORING SHEET

#### DIRECTIONS:

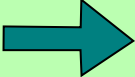
Circle the question number with your corresponding choice. (For example: If you chose "A" for question 1., then circle "1A" under the J category. Note: the questions are listed under the letter category for which they correspond and are therefore out of order.)

After you have circled your choices to each of the questions, add up the points for each of your circled choices within each category. (For example: if you circled 3A, 9A, 13A, 16A, and 36B under the E category, your total points would be 2+2+1+2+2=9 points.)

E		I		S		N		T		F		J		P	
Q & C	P	Q & C	P	Q & C	P	Q & C	P	Q & C	P	Q & C	P	Q & C	P	Q & C	P
3A	2	3B	2	2A	2	2B	2	4B	2	4A	1	1A	2	1B	2
6A	2	6B	1	5B	1	5A	1	14B	2	14A	1	7A	1	7B	1
9A	2	9B	1	10A	1	10B	2	22B	2	22A	2			7C	1
13A	1	13B	2	12A	1	12B	2	30A	2	30B	1	8A	1	8B	2
16A	2	16B	2	15B	1	15A	0	32A	1	32B	1	11A	2	11B	1
21A	2	21B	2	20A	2	20B	2	33B	2	33A	0	17A	2	17B	2
24A	1	24B	1	23B	2	23A	1	37A	1	37B	2	18A	1	18B	1
26A	1	26B	0	28A	2	28B	1	39A	1	39B	1	19A	1	19B	1
29B	2	29A	2	<b>31B</b>	2	31A	0	40B	2	40A	1	25A	1	25B	1
36B	2	36A	1	35A	2	35B	1	44A	1	44B	2	25C	0		
43B	1	43A	1	38B	2	38A	0	46A	2	46B	0	27A	2	27B	2
				42A	1	42B	2	47B	2	47A	1	34A	2	34B	2
				45B	2	45A	0	49A	2	49B	1	41A	2	41B	2
				48A	1	48B	1	50A	2	50B	0				
<b>TOTAL</b>	<b>POINTS</b>	<b>TOTAL</b>	<b>POINTS</b>	<b>TOTAL</b>	<b>POINTS</b>	<b>TOTAL</b>	<b>POINTS</b>	<b>TOTAL</b>	<b>POINTS</b>	<b>TOTAL</b>	<b>POINTS</b>	<b>TOTAL</b>	<b>POINTS</b>	<b>TOTAL</b>	<b>POINTS</b>

**LEGEND** Q & C = QUESTION & CHOICE  
P = POINTS

Compare your total points for **E** and **I**, **S** and **N**, **T** and **F**, and **J** and **P**. The letter with the greater points value is your personality type. Put this letter in the corresponding box below:

MY PERSONALITY TYPE IS 

E/I	S/N	T/F	J/P

IN CASE OF A TIE

- 1) between E & I, select I
- 2) between S & N, select N
- 3) between T & F, male will select 'T' & females 'F'
- 4) between J & P, select P

## Personality traits explained

### Mind:

Introverted (I) – prefer solitary activities, think before speaking, get exhausted by social interaction.

Extraverted (E) – prefer group activities, think while speaking, get energized by social interaction.

### Energy:

Intuitive (N) – imaginative, rely on their intuition, absorbed in ideas, focus on what might happen.

Sensing (S) – down-to-earth, rely on their senses, absorbed in practical matters, focus on what has happened.

### Nature:

Thinking (T) - tough, follow their minds, focus on objectivity and rationality.

Feeling (F) – sensitive, follow their hearts, focus on harmony and cooperation.

### Tactics:

Judging (J) – decisive, prefer clear rules and guidelines, see deadlines as sacred, seek closure.

Perceiving (P) – very good at improvising, prefer keeping their options open, relaxed about their work, seek freedom.